THERAPEUTICS DISTRIBUTORS REBEL FOOT FLEX INSTRUCTION GUIDE

Step 1: Place the approximate center of Tension Strap into Sock [or Flex Slipper] Channel Guide.

Step 2: Press the Channel Guide Velcro closed on bottom of Sock [or Flex Slipper].

Step 3: Slip the Sock or Flex Slipper onto foot; Channel should be under ball of foot. Note: Wear your own sock underneath for added comfort.

<u>Step 4:</u> Center Knee hole on kneecap; wrap the Lower Adjustment Strap around front of leg; pull to tighten.

Step 5: Fasten Lower Adjustment Strap. Make the strap snug and firm; but keep comfortable and not overly tight.

Step 6: Wrap the Upper Adjustment Strap around the back of the leg to the front; pull to tighten snugly and firmly but comfortably, then fasten.







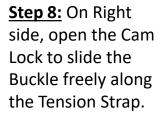






Step 7: Attach
Tension Strap Buckle
to Knee Assembly
(receptor) Buckle on
LEFT side.

Note: If desired, also insert the optional 6" Stretch Band during this step to provide some "give" to the set tension.



Step 9: Attach
Tension Strap Buckle
to Knee Assembly
(receptor) Buckle on
RIGHT side. Pull up
on Tension Strap to
desired tension.

Step 10: Close the Cam Lock to secure desired tension and foot dorsiflexion. Progress with tension as your condition improves and as comfort permits.

